

**Menu Listing with Allergen**

Catering Manager B. Salim

Mission grove and south site primary school

Tag Group :Allergens

**Contains**

Rye	Oats	Barley	Walnuts	Pistachio	Pecan	Macadamia	Hazelnut	Cashew	Brazilnut	Almond	Wheat	Treenut	Soybean	Sulphure	Seasame	Peanut	Mustard	Mollusc	Milk	Lupin	Fish	Eggs	Crustacea	Cereal	celery
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**Product Description**

**Main course**

Chicken cahasseur											x						x								x
Lamb madras											x														x
chicken sausages											x		x	x											
Lamb biryani																									
vegetables chow mein											x												x		
Meat balls																									
fish fingers											x											x			x
lamb bognaise																									x
chicken and prawns paella													x									x			x
Roasted drumstick																									
Moroccan chicken with apricot											x			x										x	x
chicken and sweet corn pie											x								x				x		
Chicken burger											x		x		x				x				x		
Lamb and potato hot pot											x									x		x			
Fish pie											x								x			x	x		x
shepherd`s pie																			x						x
Salmon Quiche											x								x			x	x		
Quesadilla chicken											x													x	

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Product Description

Vegetarian

Mushroom stroganof											x			x					x							
Pizza	x										x								x							
Jacket Potato																										
pasta in tomato and basil sauce											x		x													
Vegetable chow mein											x															
quiche											x								x	x						
Oven roasted vegetable,couscous											x			x												
Macaroni cheese											x								x	x						
Quorn sweet potato curry and rice																							x		x	x
baked butternut squash,butterbeans													X	x												X
Chickpea and green lentil curry														x											x	x
Creamy tagliatele											x								x						x	x
Vegetable pie											x								x							X
falafel													x	x	x											
tuna and sweet corn wrap											x											x	x			
samosas and spring roll											x														x	
five bean burito			x								x		x	x											x	

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Product Description

Accompaniments

Penne											x															
Rice																										
Spaghetti											x															
Roasted potato																										
Chips																										
Baked beans													x													
Cheese																			x							
Brown bread											x		x										x			
Garden peas																										
Sweet corn																										
Broccoli																										
Cauliflower																										
Green beans																										
Gravy			x								x															

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Product Description

Salads

Tomatoes																										
Cucumber																										
Ice berg																										
Potato salads																							x			
Grated carrots salad																										
Pasta salads																							x			
Beetroot																										
Coleslaw																							x			
Apple and celery salad																										x
Three bean salad																										

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Product Description

Desserts

Fruity rice pudding																			x						
Chocolate and banana cake											x								x			x		x	
chocolate rice crispy			x								x								X	x					
lemon surprise pudding											x								x	x		x			
jelly																									
oat flap jack	x	x									x								X	x				x	
Pear sponge											x								x	x		x		x	
Sticky toffe pudding	x										x								x			x		x	x
Vanilla ice cream																			x						
Chocolate sauce																			x						
Fruit platter(Or,Ap,Gr,Ba,Stra)																									
Yoghurt																			x						
Custard																			x						
Strawberry gateau											x								x	x		x		x	
crackers											x														
Shortbread biscuit											x								x						
cinnamon fruit fool																			x						
brownie											x								X			x		x	