

Weekly menu starting from 21.10.24 04.11.24 18.11.24 Mission grove Three-Choice menu					
	MONDAY Planet Earth Day	TUESDAY Allergen Free Day	WEDNESDAY Traditional Day	THURSDAY World Food Day Turkish	FRIDAY Favourite Day
Main Course 1	Chickpea and sweet potato curry GF/V	Tender beef curry served with rice GF	Shepherdess pie with gravy	Lamb kebab	MSC Cod fish fingers 
Main Course 2	Margarita pizza V	Jacket potato served with baked beans GF/V	Jacket potato served with various filling GF/V	Haloumi and salad wrap	Chicken burger
Vegetarian	Samosas V	Chickpea aloo gobi served with rice GF/V	Tricolour fusilli Pasta with Napoli sauce, basil and mixed pepper	Mixed roast vegetables served with rice GF	Veggie burger
Accompaniments					
Potato/Rice	Potato Wedges/rice	Rice	Baked beans/ cheese or Tuna mayonnaise	Rice or bulgur/tzatziki sauce	Chips
Vegetables	Seasonal vegetables Sweetcorn	Cabbage/Diced mixed vegetables	Baby carrots/broccoli	Floret	Peas & baked beans
Salads	Three fresh seasonal salads selection	Seasonal salad selection	Three fresh seasonal salads selection	Three fresh seasonal salads selection Endive	Three fresh seasonal salads selection Beetroot
Desserts					
Fresh fruit/Yogurt	Fresh fruit/Yogurt	Fresh fruit/	Fresh fruit/Yogurt	Fresh fruit/Yogurt	Fresh fruit/Yogurt
Dessert	Chocolate cake with chocolate sauce F.	Fruity jelly	Scones with jam	Rice pudding	Ice cream

Water and handmade Brown bread to be available at all meals.
Highlighted vegetables in Green are seasonal and in-season produce.

Marine Stewardship Council (MSC) is an independent non-profit organization which sets a standard for sustainable fishing.
All our bananas,sugar are Fairtrade certified and dishes with this symbol F .

Weekly menu starting from 28.10.24 11.11.24 25.11.24 Mission grove Three-Choice menu					
	MONDAY Planet Earth Day	TUESDAY Allergen Free Day	WEDNESDAY Traditional Day	THURSDAY World Food Day Italian	FRIDAY Favourite Day
Main Course 1	Macaroni cheese V	Chicken curry GF	Chicken sausages with mashed potato	Beef bolognaise	MSC Cod fish fingers (pictured) 
Main Course 2	Jacket potato served with various filling GF/V	Jacket potato served with baked beans GF/V	Tomato and broccoli quiche	Risotto with tomato sauce GF/V	Chicken burger
Vegetarian	Samosas V	Butternut squash, carrot, and chickpea tajine	Fish pie	Tuna and sweetcorn wrap	Veggie burger GF/V
Accompaniments					
Potato/Rice	Baked beans/ cheese or Tuna mayonnaise	Rice	Baked beans/ cheese or Tuna mayonnaise	Spaghetti	Chips
Vegetables	Peas & seasonal Vegetables broccoli	Peas and Roasted vegetables	Roasted vegetables / baby carrots	Floret	Baked beans & peas
Salads	Seasonal salad selection	Three fresh seasonal salads selection lettuce	Seasonal salad selection Baby spinach	Three fresh seasonal salads selection Endive	Seasonal salad selection
Desserts					
Fresh fruit/Yogurt	Fresh fruit/Yogurt	Fresh fruit	Fresh fruit/Yogurt	Fresh fruit/Yogurt	Fresh fruit/Yogurt
Dessert	Chocolate muffins	Fruity Jelly	Sticky toffee pudding pudding	Orange and polenta cake	Chocolate ice cream

Water and handmade wholemeal bread to be available at all meals.

Highlighted vegetables in Green are seasonal and in-season produce.

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