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Lambourne End Residential
Wednesday 24th – Friday 26th April 2024

Lambourne End is situated in Essex.

54 acres of land

Our site contains a farm education centre with a range of traditional and rare-breed livestock, a growing horticultural area, dedicated conservation areas including ponds and woodlands, and a variety of outdoor activity equipment including a 30ft climbing wall, outdoor swimming pool, low ropes course over water, mountain bikes, archery range and underground caving system.



Adults Attending

Mrs Atwal (Lead)
Mr Harrington
Mrs Osbourne
Mr Connor

During the day
1 member of SLT at all times –
2 Male members of staff (1 sports coach)

Lambourne End Centre
Manor Road
Lambourne End
Essex
RM4 1NB

T: 0208 5003047
E: info@lambourne-end.org.uk

Children will arrive at school at the normal time of 8.30 (S), 8.45 (N) and attend first lesson. The coach will be leaving North Site at 10.45. Chn from South will walk over with staff to North to board coach.
SOUTH- Baggage can be dropped off to North earlier or separately by parents and left in the Studio.



Accommodation

- Large waterproof bell tents
- Sleeps 6-8 children per tent.
- Separate tents for boys and girls.
- Children will need a Yoga mat, sleeping bag or rolled up duvet, pillow.



We will be based in The Cabin







Food

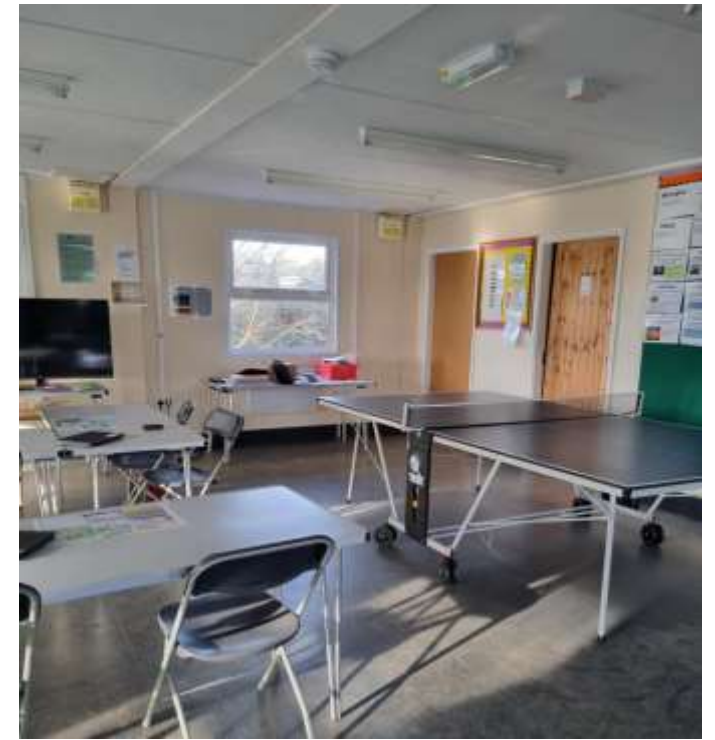
Children will need a packed lunch For Wednesday – This can be provided from the kitchen

Hot evening meals will be cooked and provided by staff – Pasta/ salad/

Breakfast will be provided the following morning – Cereal/ toast/ fruit/jam

Lunch will be provided at 1pm – wraps/ sandwiches

All drinks and fruit provided – juice/ milk/ hot chocolate etc



Kitchen Area

Children can bring one small bag of tuck/treats e.g chocolate bars/ crisps etc.

They will be allowed this from Wednesday evening and after lunch. Please label your tuck bag. NO NUTS!

Team Challenge



Activities will start at 1pm on the day of arrival.

Fletcher's delight

Mirror Mirror

Swamp Crossing

Marble Run

Escape to Victory

Wet N Wild

Hell's Holes

Eggtastic

Earth Ball

Orienteering in the evening

Trim Trail & Caving

- Our caving system is a purpose built system of tunnels of different lengths and widths. For some of them you will slip through easily, but others will be a bit of a tight squeeze! We work at the pace of group, so it doesn't matter if you're scared of being squashed, the dark, or the wet. As a group you will work through a series of exercises with your leader, then if you are feeling up to it you can have another go independently. Don't worry - you will have head torches on for as long as wanted.



Expel your energy!

The Trim Trail is an activity which you can run within your group or our instructors can show you how to get the most out of it.

By moving through a number of different challenges you will learn how to balance, build up muscles, overcome fears and ultimately to be fit. It is great to run for a group as a competition to see who can complete the course the quickest.

Archery





Safety and security

- The LE team are on call 24 hours a day to support schools during their stay on site.
- All instructors are trained to lead land-based activities and water based activities.
- The entrance is secure and manned 24 hours a day
- Children are in activity groups of up to 12.
- Each group has a leader from Mission Grove and a LE instructor.
- If your child requires any medicines, there are designated members of school staff to organise and administer this. You will need to fill in a 'medical form' and hand over medicine and form to Mrs Atwal on the morning.
- All school staff are available at any time (day or night) during the residential to support and care for your children.

- The total cost is £70.
- This includes 2 nights accommodation, food and all the activities.

The school is paying separately for a coach to take us to and from the venue