



Today's newsletter is going to start with some reminders. If your child is late into school this goes towards an absence mark. Please get your children into school before 8.45 on south and 9 am on north.

We have a previously loved uniform store that you can donate to or can collect something from for 50p an item on a Wednesday morning.

In school we provide a water bottle for all children. We have for the first time, seen the craze of Stanley cups coming into school. Your child does not need to bring in an oversized water bottle for the day. If you are concerned about the cleanliness of the school bottles (they are regularly cleaned with Milton, sterilising liquid) then do bring in a **small** reusable bottle from home.

Food and drinks are not allowed on the school's football pitches at any time.

Children can come to school on their PE day in their PE kits which are red tops, black shorts, leggings or joggers, and black plimsoles or trainers, not football boots or studded trainers.

We have stay and play on a Monday and Friday after school, children must be supervised by an adult. If equipment from school is used then we ask that it is put away before you leave and used respectfully.

Birthday sweets and cakes **will not** be given out in class by the children or class teacher. We request that instead of sweets you buy a book or a game for the class. Sainsburys are doing an offer on the card game UNO at the moment. These gifts will give longer lasting fun and memories for the children.

Spooky disco –

Tickets are on sale now. You can pay via parentpay or at the school office. There are 2 separate discos on each site, depending on which year group your child is in. The children can attend school during the day in their fancy dress costumes for Halloween, but a costume is optional.

It is a very quick turn over between the discos, so please be on time to pick your child up. The times are on the posters at the end of the newsletter—the top poster 3.30 start is for North site and the bottom poster, 3:15 is for south. Only PTA members can come to help support and you can not bring babies with you to help, the PTA have made this clear in their correspondence.

Well done to Ms Khan on completing her first half marathon!

Miss Jennings—Headteacher

HALF TERM HOLIDAY CLUB

Bookings are being taken for the October Half Term Holiday club. We take from 3 years upwards and they do not have to attend Mission Grove. Please book your place via the school website

[Mission Grove Primary School - Holiday Club](#)



**Greet your child
with a smile
and
not a mobile!**

SPECIAL DATES

ATTENDANCE PERCENTAGE BY CLASS

Form	%
2yr North AM	82.83%
R Grouse	83.86%
Nursery North	85.19%
R Goose	86.52%
Nursery North	87.72%
4 Wren	87.79%
Nursery North	87.94%
1 Chaffinch	88.54%
5 Swan	88.62%
4 Woodpecker	90.85%
3 Kingfisher	91.35%
2yr North PM	91.50%
5 Sparrow	91.63%
R Goldcrest	91.89%
2 Merlin	92.46%
1 Crow	92.48%
R Goldfinch	92.68%
1 Cuckoo	93.11%
3 Kinglet	93.38%
2 Mallard	93.39%
Nursery South	94.21%
1 Chiff Chaff	94.39%
3 Kittiwake	94.43%
6 Blackbird	94.58%
4 Waxwing	95.14%
6 Barn Owl	95.14%
4 Wagtail	95.17%
6 Buzzard	95.75%
2 Magpie	95.84%
2 Moorhen	95.92%
5 Swallow	96.42%
Nursery South	96.53%
5 Skylark	96.67%
Nursery South	97.27%
3 Kestrel	97.38%

October Article 17 Access to information

- 20th Year 6 Natural History trip
Year 3 Come Dine with me
Tottenham Hotspurs working with
Crow, Moorhen & Wren—wear PE kits
- 21st Year 3/4 girls football
- 22nd Year 4 British museum trip
Year 2 Come Dine with me
Reception @Coppermill Park
- 23rd Halloween Discos
Tottenham Hotspurs working with Kinglet, Swan
& Buzzard—wear PE kits

27th—31st HALF TERM

- 3rd November Children return to school.
Tottenham Hotspurs working with Barn Owl &
Blackbird
- 4th Reception Open Days North site
- 5th Reception Open Days South site
- 6th Book Fair North site
Parent Evenings
- 11th Parent Council meeting 9am North
Mallard & Merlin British Museum
- 12th Reception IntoFilm festival trip
Year 3 IntoFilm festival trip



Private tutoring with Stella Eccleston

I'm currently a volunteer at Mission Grove Primary school, working in Year 4. With over 20 years experience as a Key Stage 1 teacher, I offer friendly and supportive home tutoring sessions in Reading, Phonics, Writing, Maths.

Home visits available 30—60 minute sessions . £10—£20 per session. For further details , please contact me directly on

sfeccleston@btinternet.com



The vision is:

- ♦ *Everyone aims high*
- ♦ *Everyone is included*
- ♦ *Creativity is valued*

Then we have values:

Respect Integrity Inclusivity Creativity High Aspirations Lifelong learning

North Site Pond

Our pond needs some serious TLC. The lining needs replacing and we need to check which plants should be there and shouldn't. If you know of a company or a person who could help us please can you let the office know. We have reached out to some companies but have not heard anything from them. The pond is a haven for tadpoles and a fantastic resource for our Science Curriculum. Miss Hakeem the Science Lead is keen to utilize the resource more then it is at the moment.

This is what we would like it look like!



Individual Photos



Dear Parent,
IMPORTANT – REGISTER TO VIEW SCHOOL PHOTOS

Exciting news! Carmel Jane Photography will be visiting our School on the 14th of October 2025, to take Individual & Sibling Photos.

All parents are requested to pre-register for instant access to your child's photographs once they are ready, pre-registration is required for every photo shoot.

Register in 3 easy steps in less than a minute:

1. Head to www.carmeljaneshop.co.uk
2. Enter your unique code : JRBXV4XARP
3. Include your child's full school register name.

Don't miss out – pre-register today!

Please log on to the school app if you would like your children to have a sibling photo.

As a valued contact of our Next Gen Spurs programme, we're excited to offer your students and parents the chance to apply for free tickets to a Tottenham Hotspur Women's home match this season!

Please share the link below with your community and parents so they can enter the draw for any of our remaining WSL matches – including three high-profile fixtures at the Tottenham Hotspur Stadium (vs. Chelsea, Everton, and Manchester United).

All other matches will take place at Brisbane Road.

👉 <https://www.tottenhamhotspur.com/tickets/buy-tickets/womens-tickets/comp-tickets-202526/>

Thank you for your continued support – we hope to see you at a match soon!



This week, Year 3 had a fantastic trip to Hackney Museum to learn more about migration, linking to our History topic on the Windrush generation. The children explored fascinating exhibits, read real stories from people who moved to Hackney from around the world, and discovered how migration has shaped our local community. Everyone had a wonderful time and learned so much about the experiences of people who have made Hackney their home.

You can see more photos from our trip on the school website.

If you'd like to visit Hackney Museum yourself, it's free to enter and a great day out for families. Find out more on the Hackney Museum website.

<https://hackney-museum.hackney.gov.uk/>



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Mission Grove Primary School



Scan the QR code to visit our cause page



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SCREWFIX



THE
TOGETHER SPACE



October Half Term Play Scheme

For SEND children & their siblings

Mon 27th - Weds 29th October 2025, 9am-3pm

- For children (aged 4-12) with SEND & their siblings
- Experienced staff offering 1:1 care
- Thoughtfully planned daily timetable
- Range of activities including art, dance & cooking workshops
- Daily attention bucket & social communication games
- Inflatables, ball pit & fitness equipment
- Garden, sensory space & reading corner



The Together Space
Gnome House
7 Blackhorse Lane
E17 6DS



FIND OUT MORE
AND BOOK

thetogetherspace.co.uk

WALTHAM
FOREST
ADULT
LEARNING
SERVICE



Help your child grow and thrive!
Family Learning



Our family learning programme delivers a variety of courses, workshops and events both in person, online and at different venues in Waltham Forest - courses and workshops are free for families.

List of upcoming courses / workshops

Course Code	Course Title	Venue	Date	Time	Day
FA0430C5	Calm Parents, Calm Children - Taster	Leytonstone Library	14/10/2025 - 14/10/2025	10:00 - 12:00pm	Tuesday
FA0437C6	Create Halloween Paper Plate Art - Families Learning together	Queens Road Family Hub	27/10/2025 - 27/10/2025	10:00 - 12:00pm	Monday
FA0439C6	Create Halloween Paper Plate Art - Families Learning together	North Chingford Library	28/10/2025 - 28/10/2025	9:45 - 11:45am	Tuesday
FA0440C5	Creative activities for Early Years	North Chingford Library	04/11/2025 - 02/12/2025	9:45 - 11:45am	Tuesday
FA0160C4	Raising Resilient and Confident Children - Parenting	Queens Road Family Hub	05/11/2025 - 19/11/2025	10:00 - 12:00pm	Wednesday

Enrol now through our website - www.lbwfadulthoodlearning.co.uk
For more information email adult.learning@walthamforest.gov.uk



Helping Your Child Become a Confident Reader

We're excited to invite you to a special workshop to help you understand how we teach reading and phonics using Read Write Inc. This fun and interactive session will give you:

Insight into how phonics is taught in class

Strategies to support your child's reading at home

Tips to boost your child's confidence and love for reading

Date: 23rd October ■ Time: 9:30am - 10:30am ■ Location: Mission Grove NORTH SITE

Date: 7th November ■ Time: 9:30am - 10:30am ■ Location: Mission Grove SOUTH SITE

Why Attend? - See a phonics demonstration - Learn the RWI sounds and routines - Get practical take-home resources

Let's work together to give every child the best start in reading!

If you are interested in attending please let your child's class teacher know or register with our school office.



Peaceful paths to wellness!

Health and Wellbeing Courses



Take steps toward a healthier, happier you – join our free Health and Wellness courses to boost your physical and mental wellbeing.

List of upcoming courses / workshops

Code	Course Title	Start Date	Time	DAY	Hr	WK	Venue
HE0150C6	Making sense of ADHD (Online)	02/11/2025	19:00:00	SUN	1.5	1	ONL
HE0100C6	Live Well: Managing Pain & Fatigue (Online)	09/11/2025	19:00:00	SUN	1.5	1	ONL
HE0101C6	Make Time Work for You: Productivity Made Simple	02/12/2025	19:00:00	TUE	1.5	1	ONL
HE0103C6	Breathe; Move; Reflect: New Year Wellbeing Retreat	10/01/2026	10:00:00	SAT	3	1	QRC
HE0110C6	Yoga for Wellbeing	13/01/2026	19:00:00	TUE	1.5	10	ONL
HE0151C6	Gentle Yoga at the Gurdwara Centre	15/01/2026	10:00:00	THU	1.5	10	GS
HE0111C6	Yoga for Wellbeing T2 @ The Junction Centre	17/01/2026	11:00:00	SAT	1.5	9	TJ
HE0152C6	Gentle Yoga at the Gurdwara Centre	16/04/2026	10:00:00	THU	1.5	10	GS
HE0112C6	Yoga for Wellbeing T3 @ The Junction Centre	18/04/2026	09:30:00	SAT	1.5	10	TJ
HE0140C6	Yoga for Wellbeing T3 @ The Junction Centre	18/04/2026	11:00:00	SAT	1.5	10	TJ
HE0113C6	Yoga for Wellbeing T3 @ Queen's Road Centre	21/04/2026	19:00:00	TUE	1.5	10	QRC

Enrol now through our website - lbwfadullearning.co.uk
For more information email adult.learning@walthamforest.gov.uk

What Parents & Educators Need to Know about MEMES

WHAT ARE THE RISKS?

Memes may look like simple jokes, but, for many teenagers, they form a shared cultural language. Quickly created and reworked, they spread across social media platforms as images with text or short videos. Nearly eight in ten teenagers share memes (79%, YPulse), making them part of daily life. While memes encourage creativity and participation, they can also spread misinformation or reinforce harmful stereotypes.

SPREADING MISINFORMATION

While memes help to communicate complex topics, they can also spread misinformation. Memes may sometimes include content presenting false facts or biased viewpoints, especially around health, politics, or current events and, as they're designed to be shared quickly, young people may not question their accuracy.

EXPOSURE TO INAPPROPRIATE CONTENT

Memes are widely circulated, and not always age-appropriate, meaning young people may encounter explicit language, sexual content, or graphic imagery, even without searching for it. As memes spread fast on platforms like Instagram, TikTok, or WhatsApp, it's nearly impossible to filter them completely.

MASKED MESSAGES

Some memes are designed to be confusing or layered with hidden meanings, making them hard for parents, and, sometimes, other young people to understand. Online groups often create these memes to look like inside jokes, but they can sometimes conceal offensive, harmful, or misleading content.

HIDDEN HARMS & LOSING SENSITIVITY

When serious topics like violence, racism, or mental health are turned into jokes, children and young people may become less sensitive to these issues over time. While a funny meme may seem light-hearted, it can carry messages that belittle certain groups, encourage risky behaviour, or mock personal struggles. Repeated exposure through memes can make harmful behaviour seem normal or less important. Over time, this can blur their understanding of what is funny versus what is discriminatory, harmful, or damaging to themselves and others.

PERMANENT DIGITAL FOOTPRINT

Unlike spoken jokes, memes leave a trail. Created or shared memes can resurface later and be misunderstood, even if intended as harmless. Once online, memes may be copied, saved, or spread beyond a young person's control - digital actions can follow them into their future, shaping how they are perceived by peers, teachers, or even employers long after the original meme has been shared.

Advice for Parents & Educators

ENCOURAGE OPEN CONVERSATIONS

Talk regularly with young people and try to understand their online world - discuss what they find funny about the memes, and why. By listening without judgement, you build trust, making it easier for them to come to you if they see something harmful. Open conversations also help children and teens think critically about the messages behind memes rather than simply accepting them at face value.

MODEL HEALTHY BOUNDARIES

Show children and teens positive online behaviours, such as taking breaks from screens, avoiding late-night scrolling, and engaging in offline activities. Setting clear routines around screen time at home can help to reinforce healthy boundaries and reduce the risks of overuse. By modelling balanced technology use, adults can help children and young people see that digital entertainment, including memes, should be just one part of life.

TEACH DIGITAL LITERACY

Help children and young people learn to question where information comes from and whether it's reliable - developing media literacy skills prepares young people to understand and navigate through their future online lives. Show them how memes can sometimes exaggerate or misrepresent facts for laughs, and encourage them to check credible sources when memes claim to present truth.

FOSTER EMPATHY ONLINE

Remind children and young people that memes should never come at someone else's expense. Encourage them to think about how a meme might make another person feel before sharing or creating it. Highlight examples of positive memes that celebrate creativity without hurting others. Fostering empathy, respect, and kindness in digital spaces will help them become more aware of promoting a safer, more supportive online culture.

Meet Our Expert

Dr Cristina Moreno-Almeida is a Senior Lecturer in Digital Culture at Queen Mary University of London. She specialises in memes, online networks, and youth culture, examining how digital spaces shape identity and everyday life.



See full reference list on our website



WEAR
SPOOKY COSTUMES
TO SCHOOL



MISSION GROVE
PRESENTS

WEAR
SPOOKY COSTUMES
TO SCHOOL



Spooky Disco

THURSDAY
23RD
OCTOBER



EYFS & KS1 -
3:30PM - 5:00PM
KS2 -
5.00PM - 6.30PM

£7 TICKET INCLUDES:
HOTDOG, CHIPS AND A DRINK
ON SALE: GLOWSTICKS AND SWEETS

NO PAYMENTS ACCEPTED ON THE DAY

WEAR
SPOOKY COSTUMES
TO SCHOOL



MISSION GROVE
PRESENTS

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Spooky Disco

THURSDAY
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