

We have had a confirmed case of measles in the year 6 on north site. I have published the warning from the health department, but they have put the wrong postcode. Please read the information carefully. We have no other children or staff showing any symptoms but please be mindful.

Every year we take the children in year 5 & 6 to the theatre as a Christmas treat and have pantomimes for the rest of the school. This is paid for by the school funds. For the last few years the theatre we have taken them to has been the Chicken Shed in North London. It is a fantastic theatre that is fully inclusive. For the first time ever we had children who were quite disrespectful in the theatre and actually throw things during the performance. This is totally unacceptable behaviour and the parents will be spoken to. I have brought it to everyone's attention as some children appear to think this behaviour is ok and I am disappointed as it certainly isn't what the expectation is in school. I have been a headteacher for 16 years and I find myself getting more disappointed with what children seem to think is 'ok behaviour'. I will be posting my 5 Christmas wishes soon and behaviour will be a big part. One thing I would like is for all mankind to treat each other how we, ourselves would like to be treated. I had one parent quote the school motto at me this week in trying to justify some behaviour. On investigation the whole story had not been shared. Manners and respect cost nothing and we can all lead by example. This newsletter is usually about informing you of events but today I just felt that I needed to share all of this.

We have lots of events coming up in school and it is as always about celebrating the diversity of the school and sharing some nice, happy Christmas cheer.

As parents and educationalists we have a duty to make sure the children have a broad and informed curriculum to help them not just to progress but to thrive.

Katie Jennings

Head Teacher

Reception Parents

Christmas is now upon us so what better way to get into the festive spirit than coming to our Mission Grove

North Site Nativity -
11th December at 10am
or 2pm

South Site Nativity -
13th December at 10am
or 2pm

Book your tickets from your child's class teacher. Tickets cost £1:00 per performance, photos (individual or class £1:00 each) £2:00 for secure youtube link.

We look forward to seeing you at our performance!





Measles factsheet

What measles is

Measles infection is caused by a virus, and spreads between people very easily. Once symptoms start, people can become unwell quickly. You can get measles at any age, but it is often young children who catch it.

How measles spreads

You can catch measles through close contact with someone who has measles. This could be from the air when they cough or sneeze, or by touching things that someone with measles has coughed or sneezed on. Measles spreads very easily in households and in other places where people mix closely together.

You can be protected from catching measles if you have had 2 doses of the measles, mumps and rubella (MMR) vaccine, or if you have had the infection before.

A person with measles can spread the infection in the 4 days before they get the rash until 4 days after they develop their rash.

Symptoms of measles

Symptoms of measles usually start between 10 and 12 days after catching the infection. Sometimes it can take up to 21 days for any symptoms to appear.

Measles usually starts with cold-like symptoms. The first symptoms of measles include:

- a high temperature
- a runny or blocked nose
- sneezing
- a cough
- red, sore, watery eyes

Small white spots may appear inside the cheeks and on the back of the lips a few days later. These spots usually last a few days.

A rash usually appears 2 to 4 days after the cold-like symptoms started. The rash starts on the face and behind the ears before spreading to the rest of the body.

The spots of the measles rash can sometimes be raised. They may join to form blotchy patches. They are not usually itchy.

The rash looks brown or red on white skin. It may be harder to see on brown and black skin.

How serious is measles?

Around 1 in 15 people with measles can become seriously unwell. Younger children, pregnant women and people with weakened immune systems are more likely to become seriously unwell.

The more serious complications of measles can include:

- ear infections
- lung infection (pneumonia)
- diarrhoea
- dehydration
- fits (which are less common)

Measles infection during pregnancy can result in the loss or early birth of the baby.

Preventing measles

Having the MMR vaccine is the best way to prevent measles.

The vaccine is usually given to children in two doses. The first dose is given to children aged 12 months old, and the second dose is given after they are 3 years and 4 months old.

If your child is identified as a close contact of someone with measles, sometimes your doctor may recommend the MMR vaccine is given earlier than these scheduled doses. If a dose is given to an infant aged under 12 months, then the usual 2 doses of MMR still need to be given at the usual times (with a minimum of 1 month gap between any doses).

If someone has missed a dose or are unsure if they have had any vaccinations, the vaccine can be given at any age. Parents and guardians can check their child's red book for their vaccination records.

Pregnant women or people with weakened immune systems should not have the vaccine. If they think they have had contact with someone with measles they should speak to their GP or midwife for further advice.

Staying away from other people if you are unwell with measles

A person with measles can spread the infection in the 4 days before they get the rash. Once a person has the rash, they can still spread the infection for another 4 days.

If you have been told by a healthcare professional that you might have measles, you should stay away from childcare, school or work for at least 4 days from when your rash first appeared. You can return to your normal activities after 4 days if you feel well and you no longer have a temperature.

Treatments for people with measles

Measles usually starts to get better in about a week.

It can help to rest and drink plenty of fluids, such as water, to avoid dehydration.

Measles can sometimes cause other illnesses. You may be given antibiotics to treat them.

If you have been told by a healthcare professional that you might have measles and think that you or your child are developing more serious health effects, you should contact your GP.

For more information on MMR vaccinations visit:

<http://www.nhs.uk/conditions/vaccinations/mmr-vaccine>

Or scan the QR code:



UK Health
Security
Agency

0300 303 0450 www.gov.uk/ukhsa

UKHSA London Region

london.region@ukhsa.gov.uk

phe.london.region@nhs.net (for emails containing PII)

Our reference:

200313074

28/11/2024

Dear Parents/Guardians,

Re: Information on measles

You or your child may have had contact with a person who has measles at Mission Grove Primary School, E17 7QB. This means you or your child may be at risk of developing measles. This letter provides information about what you should do to protect your health and others around you.

Measles is an infection that spreads very easily. It can occur suddenly, and people can become unwell quickly. At the end of this letter, there is more information about measles – please read this to learn more about the symptoms of measles, how it spreads and about vaccination against measles.

There is also further information available about measles at www.nhs.uk/conditions/measles.

When to speak to your GP:

Some people need to ask their doctor for advice as soon as possible:

People with a weak immune system: If you have a weakened immune system, you should contact your GP and tell them that you may have been in contact with someone who has measles. Your doctor may want to do a test to find out if you are protected from measles or give you treatment to reduce your risk of becoming unwell.

Pregnant women: If you are pregnant and think you may have missed a dose of the MMR vaccine, or are unsure if you have had the vaccine, contact your doctor or midwife and tell them that you may have been in contact with someone who has measles.

Children aged under 12 months old: If your child under 12 months old, attended at the same time as someone who has measles, please contact your GP for advice.

People who become unwell: You should speak to your GP or NHS 111 if you or your child get a high temperature with a cough, runny nose, sore red eyes or rash in the 3 weeks after attending Mission Grove Primary School at the same time as someone with measles. You should try to call your GP or NHS 111 before visiting them in person. This is to avoid spreading measles to others.

Tell your doctor that you or your child has received this letter and may have been in contact with someone who has measles. It can be difficult to know when to seek help if your child is unwell. If you are worried about your child, especially if they are aged under 2 years old, then you should seek medical help. **People who have not had 2 doses of the MMR vaccine:** If you are unsure if you or your child have had 2 doses of the MMR vaccine, which will protect you against measles, contact your GP to arrange vaccination. If you have missed a dose, you can still be vaccinated at any age. Please see further information on the MMR vaccine in the factsheet.

When can you return to normal activities if you have measles: Someone who has measles can spread the infection in the 4 days before they get the rash. Once they have a rash, they can still spread the infection for another 4 days.

If someone is thought to have measles, they should stay away from their education or childcare setting, or work, for at least 4 days from when the rash first appears. They should also avoid close contact with infants under 12 months, people who are pregnant and people with weakened immune systems.

Yours faithfully,

London Health Protection Teams

CHRISTMAS MOVIE NIGHT



TICKET £6 Drink, refreshments & film

FROM END OF SCHOOL DAY TO 6PM

THURSDAY 5TH DECEMBER

Goodbye

At the end of this term Miss Poptani will be leaving Mission Grove. She started at the school as a trainee teacher and will now be going to teach abroad.

Mrs O'Brien will be returning from maternity after Christmas and will become Woodpecker class teacher for the rest of the academic year. If you have any concerns please speak to any member of the senior leadership team. We want to thank Miss Poptani for her hard work and wish her all the best in her new job.

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Please make sure you book your child's film night ticket before Tuesday so we can make sure that we have enough refreshments for everyone.

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Please make sure that you inform us if someone new is picking up your child at the end of the school day.

We will ask for ID and check permission has been given.

SPECIAL DATES IN NOVEMBER

December

- 3rd** South site Pantomime
Skylark Pumphouse
9am & 5.30pm Year 5 Camping trip meetings north
- 4th** North site Early years and year 1 Pantomime
9am & 5.30pm Year 5 Camping trip meetings south
Wren & Woodpecker @ British Museum
- 5th** Years 2,3,4 Pantomime North
Festive Film Night £6
Full Governors
- 9th** Rocksteady Bands Concerts 10.30am South site
2.30 pm North site
Wagtail & Waxwing @ British Museum
- 10th** Music Concert 1.30pm
Swallow at the Pumphouse
- 11th** Nativity North 10am and 2pm showings
- 13th** Nativity South 10am and 2pm performances
- 16th** Christmas Fair 3.30pm—6.30pm on North site please bring friends and family
- 17th** Christmas Parties
Civic Hall Carol Concert
- 18th** Christmas Lunch
- 19th** Last Day of term normal time finish—wear a Christmas jumper

January 2025

- 7th** INSET
- 8th** Children return to school
- 9th** Reception 2025 open day
- 10th** Reception 2025 open day



Form	%
2yr North AM	80.55%
R Cuckoo	88.69%
R Chaffinch	89.37%
Nursery North AM	90.77%
R Crow	91.14%
1 Magpie	91.33%
R Chiff Chaff	91.35%
2 Kestrel	91.57%
1 Mallard	91.67%
1 Merlin	92.09%
3 Wagtail	92.42%
4 Sparrow	92.56%
Nursery North Full Time	92.78%
2 Kittiwake	93.46%
6 Goldcrest	93.54%
2 Kingfisher	93.59%
2yr North PM	93.65%
Nursery South AM	93.69%
5 Barn Owl	93.79%
Nursery North PM	93.93%
5 Blackbird	93.94%
Key Stage 1-4	94.21%
3 Woodpecker	94.30%
Nursery South PM	94.48%
3 Waxwing	94.51%
6 Goldfinch	94.58%
1 Moorhen	95.18%
3 Wren	95.37%
4 Swallow	95.41%
5 Buzzard	95.43%
4 Skylark	95.64%
6 Grouse	95.67%
4 Swan	96.14%
2 Kinglet	97.59%
Nursery South Full Time	98.05%
6 Goose	98.41%

save the date



CHRISTMAS

Fair

DECEMBER

16TH

Monday

FOOD . CRAFTS . GAMES .
MEET SANTA

Starts at 3.30pm to
6.30pm

- North Site Buxton Road E17 7EJ

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BOOK
YOUR CHILD'S
PLACE ONLINE
TODAY

*"I have noticed a huge
improvement in my
daughter's confidence,
social skills as well
as academic skills"*

Aleksandra

➡ rocksteadymusicschool.com



Call: 0330 113 0330

(Mon-Thurs 8am-8pm, Fri 8am-6pm, local rate)

WELLBEING RESOURCE
OF THE YEAR 22/23
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SCAN ME