



Friday 12th January 2024  
Volume 1, Issue 15

Happy 2024!  
I hope you all had a wonderful break.

### Queries about Eden red vouchers

Like I wrote on the newsletter before the break, Edenred vouchers will come to your email if you have applied and are successful in getting free school meals. It is very confusing at the moment as everyone in London is getting free school meals. The school gets extra money for families if they meet the criteria that would have previously secured a free school meal and it also enables you to get vouchers in the holidays. I do not know how long this will continue.

if you or your partner receive any of the following:

- Income Support
  - Universal Credit\*
  - Income-based Jobseeker's Allowance
  - Income-related Employment and Support Allowance
  - The Guarantee Credit element of State Pension Credit
  - Support from the National Asylum Support Service (NASS)
  - Support from the Local Authority Social Services Asylum Team (SSAT)
  - Child Tax Credit (if you're not entitled to Working Tax Credit - see below), and you earn less than £16,190 a year
  - Working Tax Credit for four weeks after your employment ends
- \*Universal credit**

- To get free school meals you must not earn over **£7,400** a year.
- If your child now receives free school meals, this will continue until the rollout of universal credit ends.
- After this date, these children will keep getting free school meals until the end of their current school (primary or secondary).

This applies to the child, not the family, so their siblings may not get free school meals. If you have any questions about that please ask at the office.

### Millionaire readers

It was fantastic to return to school and have some new millionaire readers. A parent asked me how it is possible to read a million words. The Harry Potter full series had 1,084,170 words with the longest book; The Order of The Phoenix having 257,045 words!

### After School Activity Clubs

Start next week. In this newsletter there is more information about the Coding and fencing clubs that we have on offer. South parents if you want to bring your children to the North site for a club that is absolutely fine.

Have a great weekend and stay warm—next week is due to be colder.

Miss Katie Jennings  
Headteacher

**Clubs** Please sign up on the app or speak to the office. Some clubs are already full.

#### **Monday North**

Chess—free  
Maths—Selected children  
Coding—cost  
Sewing—free  
TT Rock stars—free  
Arts & Crafts—free

#### **South**

Football—free  
Chess—free

#### **Tuesday North**

KS1 football—cost  
KS2 Cricket—free  
KS2 Girls football free

#### **South**

Forest school—free  
Ballet—cost

#### **Wednesday**

##### **North**

Parkour/free running—cost

##### **South**

Sewing—free

#### **Thursday**

##### **North**

Tag Rugby—selected children  
KS2 football—cost

Eco Council club

##### **South**

Parkour/freerunning cost

#### **Friday**

##### **North**

Fencing—Cost  
Ballet—Cost  
Gymnastics—cost  
DT/Crafts—free  
Coding—cost

##### **South**

Gymnastics—cost

## SPECIAL DATES

### My School Fund

#### How does it work?

Parents, guardians and carers can sign up to the scheme for free and start earning cashback on the things they buy in participating retail stores, including Sainsbury's and Argos. As you spend you'll receive 2% cashback in the form of eGift vouchers that can be redeemed in participating stores. By linking your spend to our school on the My School Fund website we'll also earn 1% cashback on your spend.

Add that all up across our school's network of families and together we can all make a big difference!

#### How to get involved

Visit [myschoolfund.org](https://myschoolfund.org) to register for free and link to Mission Grove Primary. From there, everything you spend in participating stores will go towards helping boost our budget, plus your own! Sign up today at [myschoolfund.org](https://myschoolfund.org)

### January

15th Last day to apply for Reception 2024

Week beginning 15th Clubs start—you will need to sign up for new clubs on the APP

Year 1 & 2 Tri Golf competition selected children

16th Mallard & Magpie @ London Transport Museum

17th Young Voices @ O2

Selected children at Capital Cricket competition

18th Curriculum Governors

Year 3/4 Tri Golf selected children

Finance Governors

23rd Merlin & Moorhen @ London Transport Museum

24th NSPCC workshops

25th Primary panathlon—selected children

29th Literacy week

Wren & Woodpecker Science museum

Merlin local library visit

30th Year 4 Tate Modern

Waxwing & Wagtail Science museum

31st Year 6 Parent Evening

Moorhen Local Library visit

### February

1st Year 2 Fire Brigade

Year 6 Parents Evening

Full Governors Meeting

2nd Year 6 @ The Globe

# Transition Walthamstow

## TransMission Community Garden Visioning Session

**Saturday January 20th**

We have been transforming a piece of land next to Mission Grove School into a community garden, and we invite you, the community to get involved. Come visit the garden, then join us to creatively imagine, co-create and plan a DIY space for food growing, people gathering, biodiversity and you.

10am, meet at garden, 2 Mission Grove E17 7BG,  
then we walk together to The Mill,  
7-11 Coppermill Lane, E17 7HA for 10.45am.

**Free event! Please register at  
<https://tinyurl.com/3dh3jv99>**

[TransitionWalthamstow@gmail.com](mailto:TransitionWalthamstow@gmail.com)



Illustration (slightly modified) by Monique Jackson for Fine Acts 

The closing date for applications for next year's Reception class is **Monday 15th January 2024.**

Parents of nursery aged children (born between 1st September 2019 and 31st August 2020) must make sure they apply before the closing date. Any applications received after this date will be considered as late applications and processed after National Offer day which is 16th April 2024.

Applications can be made on the eAdmissions website. For more information, click the link below. <https://www.walthamforest.gov.uk/schools-education-and-learning/apply-primary-school>



### Help with completing online forms

For those without computers, you can use a self-service PC in any Waltham Forest Library.

Staff there can help you to log in and create a MyAccount.





EMPOWERING  
PARENTS  
EMPOWERING  
COMMUNITIES

## EMPOWERING PARENTS EMPOWERING COMMUNITIES

**Parenting is difficult! It's a job we receive no training for, yet we are always expected to get it right**

### What do EPEC courses cover?

EPEC Parenting offers a variety of parent led courses and workshops both face to face and virtually. Each course is facilitated by x2 EPEC certified Parent Group Leaders (PGLS). Topics include Being 'Good enough parents, Feelings, Child led play, Spending time with your children, Understanding children's behaviour, Discipline strategies, Listening & Communication styles, Coping with stress etc.

### What types of EPEC Courses are there in Waltham Forest?

There are 2 types of EPEC parenting courses:

1. Being a Parent Course - for parents/ carers of children aged 2-11 years
2. Parent Group Leaders Course – a unique parenting approach for parents of (children ages 2-11 years). The techniques & training has been designed for local parents and is run by local parents.



"As a father I feel I am a good enough parent and it's important we build safer relationships with our children."

"I'm not alone and other parents go through the same."

"It's a relaxed, friendly atmosphere."

"Open/talking, learning about us and not feeling alone as a father."

You can speak to a member of the EPEC Team for further information or to book onto a course  
Phone: 0779913026 email: EPEC@walthamforest.gov.uk Web: [bit.ly/EPECBAP](https://bit.ly/EPECBAP)

**Best Start  
in Life**

WALTHAM FOREST  
FAMILY HUBS

  
Waltham Forest



**MUSKETEERS**  
— EDUCATION —



Extra Curricular PE Wellbeing Enrichment Birthdays Holidays Online

Mission Grove Primary School (North Site) - Musketeers Fencing Club

Years 3-6 After School Club - Spring Term 2024

Dear Parent / Guardian

Little Musketeers is an exciting club inspired by the Olympic sport of fencing. Our engaging and varied programmes appeal to a child's sense of play and are taught in a fun, safe and educational environment. What child has not grown up pretending to be a swashbuckling pirate, a duelling musketeer, or even the master of swordplay himself, Zorro? Why do they do it? Because it's fun!

Classes are designed and managed by Olympian and 4 time British Champion James Beevers. All our coaches are trained personally by James and hold enhanced DBS certificates.

Little Musketeers are proud to be internationally endorsed by Olympians, educators and scientists from across the world. All equipment is either plastic or foam and gives children the real feel of fencing.

## BOOKING DETAILS

Years 3-6 - Friday 19th Jan - Friday 15th March - 3:30pm-4:30pm - 8 weeks  
Cost: £36

- 1) Please visit [musketeerseducation.com](http://musketeerseducation.com) and select LOGIN and then PARTICIPANT.
- 2) New Users - register by completing PARENT/GUARDIAN REGISTRATION. Existing users continue to step 4.
- 3) Select MY PARTICIPANTS and register your child using ADD PARTICIPANT each time
- 4) Select BOOK then search by postcode and click FIND.
- 5) Select REGISTER for your desired class (NOTE: year groups, weekday, time etc.)
- 6) Select the child(ren) you want to register and follow online instructions to completion. A confirmation email will be sent to you upon successful registration. (for assistance, please email [enquiries@musketeerseducation.com](mailto:enquiries@musketeerseducation.com))

Yours Faithfully

Little Musketeers







**Young coders club**  
Unlock the World of Fun Coding Sessions !

Starting on 15 January 2024

 Mondays yr1 - yr3       Fridays yr4 - yr6

 3.30 pm – 4.30 pm       **MGPS - North Site.**

**What's in Store for Your Child:**

-  Explore the exciting world of coding through hands-on activities and games.
-  Create your very own games and interactive stories.
-  Boost critical thinking and problem-solving skills.
-  Dive into the wonders of Science, Technology, Engineering, and Mathematics.

 <https://acecodeclub.simplybook.it/v2/>  
 ace.code.kc@gmail.com  
 0754 231 8961


## HOW TO BOOK YOUR CHILD'S PLACE.





1. Click the link <https://acecodeclub.simplybook.it/v2/#book> and select the day (TUESDAY, WEDNESDAY or THURSDAY) for the course you need.

*Want to register siblings, select the course for siblings*

Tuesday coding - JUNIORS ONLY - Siblings

 1 hr./5 sessions

 £75.00     Recurring ⓘ

**Select**

[read more](#)



# What Children & Young People Need to Know about **FREE VS HATE SPEECH**

Everyone in the UK has the right of "freedom of expression". That's the right to voice your opinions and share information and ideas with others. It's not the right to say whatever you want without regard for others' feelings and values. We all have a responsibility to use this right properly: being respectful and inclusive to those around us, rather than making offensive and threatening remarks. That's called 'hate speech' and knowing the difference is incredibly important.

Free speech is a person's legal right to share information, opinions and ideas without fear of retaliation, censorship or legal consequences. This freedom of expression is recognised in international human rights legislation, and here's what it does for us in our day-to-day lives ...

The Human Rights Act 1988 states that everyone has the right to express themselves freely – even if their views are unpopular and might offend others.

Freedom of expression encourages listening to others and allowing opposing views to be heard. It's important to respect someone's opinion, even if we disagree with it. Free speech lets us engage in meaningful discussions with people who feel differently.

Any concept could potentially offend someone. Galileo's theories were incredibly offensive to many at the time, while not everyone agrees with Darwin, even today. A frequent exchange of ideas is vitally important for a healthy society.

Free speech allows us to engage people we disagree with in a debate. The ability to challenge others' views is healthy – while having ours challenged helps us learn how to deal with criticism and think deeply about what we say and believe.

Freedom of expression includes the right not to do something, like not standing up for – or singing – the national anthem. Even though some people would find that offensive, it isn't illegal. By law, nobody can force you to say anything you don't want to.

Free speech is a powerful tool for change, justice and reform. Many modern UK rights – such as women being allowed to vote, decent working conditions or same-sex marriage – couldn't have been achieved without it.

Hate speech refers to any communication – like talking, texting or posting online – that negatively targets a group or an individual because they are perceived to be different in some way. Demoralising and dehumanising statements, threats, identity-based insults, offensive name-calling and slurs would all count as hate speech. Here are some common forms it takes...

Targeting people or groups because of a protected characteristic – like race, gender identity, sexuality, nationality, religion or a disability – and verbally abusing them with slurs and name-calling. The Equality Act 2010 has more information on this.

Content that dehumanises people based on the same characteristics: referring to them as if they were animals, objects or other non-human entities, for example. Separating the target from other human beings is usually an attempt to justify the speaker's bigotry.

Calling for violence or hatred against certain people or groups and justifying and glorifying those actions. Suggesting that a certain group should be removed from society could be seen as a call to arms, for example – potentially putting people from that group in danger.

Claiming that specific types of people are physically, mentally or morally inferior (or even that they are criminals) to encourage others to view them in the same way. This kind of thinking is always incorrect – but can be incredibly harmful to the group in question.

Spreading damaging misinformation about a person or group that the speaker views as "different" – essentially, trying to turn others against them by lying. Someone might claim that a recent tragedy is the fault of this entire group, when this is simply not possible.

Promoting the segregation of certain groups, or discrimination against them, because of who they are. This has been illegal in the UK for a long time – but some people still try to promote the exclusion of others, which can cause a huge amount of distress.

## Meet Our Expert

The Global Equality Collective is an online community for teachers, schools and businesses, a collective of hundreds of subject matter experts in diversity, equality and inclusion, and the organisation behind the GEQ app, the world's first app for diversity, equality and inclusion.

GLOBAL  
EQUALITY  
COLLECTIVE

The  
National  
College

NOS  
National  
Online  
Safety

#WakeUpWednesday